

Any Caregiver's Prayer

Oh, great and loving God who cares for all,
help me be a better caregiver.

Grant me patience
when I perform unpleasant tasks.

Give me physical strength
to move limbs that are not mine.

Bestow me with wisdom
to understand needs, whether spoken or not.

Open me, so I may better give
and receive from those I care for.

Remove any resentment from my thoughts, words and actions
whether I give care for charity, employment or family duty.

And please, block all fear
so its destructive power does not erode my effort.

Bless and be ever with me,
my Creator and Caregiver,
so with loving-kindness,
and my utmost knowledge, skills and energy,
I may care for others.